



**Triangle Orthopaedic Associates, P.A.  
Travel Reduction Plan 2010**

**Introduction**

- Triangle Orthopaedic Associates, P.A. employs approximately 333 people.
- Employees work at multiple sites: 2 sites in Durham County, 1 site in Orange County, 1 site in Person County, 3 sites in Granville County, and 4 sites in Wake County.
- The majorities of employees work from 8:00 a.m. – 5:00 p.m., but TOA has continued to implement flexible schedules when allowable.

**Section One – Transportation Coordinator**

Triangle Orthopaedic Associates has designated the following to serve as Transportation Coordinator:

Karen McClenny  
Human Resources Manager  
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**Section Two – How Information is Disseminated to Employees**

TOA Commute is the name of the Travel Reduction Program within Triangle Orthopaedic Associates. TOA Commute focuses on three primary commuting modes: carpool, public transit, and flex-time scheduling. To support the use of these commuting modes, Triangle Orthopaedic Associates disseminates information about alternative modes of transportation to its employees by the following methods:

- On-Site Transportation Coordinator – In addition to other duties, the Transportation Coordinator is the point of contact for employees on commuting alternatives.
- Company-wide Emails – TOA periodically does a mass email to alert employees about ozone action days, special transit-related events and remind them of the trip reduction goals the company has set.
- Information Posted on TOA Website
- New Hire Orientation.

**Section Three – Current and Planned Travel Reduction Measures**

To encourage employees to use alternative modes of transportation – carpool, public transit, cycling – or to work hours which do not necessitate driving during peak commute hours, Triangle Orthopaedic Associates has instituted the programs listed below. We intend to continue these programs in the year ahead and expand on them as demand increases.

- Shower and locker facilities on-site for employees that walk or ride bikes to work

- Limited flex-time scheduling
- TOA Website – this internal site contains relevant information on the primary commuting modes as well as hot key access to a majority of the service provider web-sites. Highlights of the web site’s offerings are:

Transit

- ◆ Links to TTA ([www.ridetta.org](http://www.ridetta.org))
- ◆ DATA ([www.ci.durham.nc.us/departments/publicworks/divisions/transportation/DATA/default.htm](http://www.ci.durham.nc.us/departments/publicworks/divisions/transportation/DATA/default.htm))
- ◆ Link to EPA ([www.epa.gov](http://www.epa.gov))

Carpool

- ◆ Ride match access
- ◆ Tips for successful carpools
- ◆ Frequently asked questions

Programs planned for the upcoming year include:

- Ability for employees to work from home when possible.
- Schedule employees to work at locations closer to home when schedule allows.

**Section Four – Travel Reduction Goals**

Triangle Orthopaedic Associates collected baseline information through an online survey to our employees. As of the last survey, 6.1% of employees who responded are using a method other than a single occupancy vehicle to travel to and from the workplace. Detailed breakdown is as follows:

- 93.9% by private car
- 6.1% by carpool, motorcycle, other

**Summary:**

The most common reasons for not participating in public transportation or car/van pools are: need vehicle for personal errands/family responsibilities; no one to carpool with, irregular work schedule, and need vehicle in case of emergency.

TOA would like to increase the current level of participation by its population, to further decrease peak commute trips over the coming year through use of either alternative modes or non-peak commute trips. We allow work from home when possible, and allow employees to work at locations closer to home when schedule allows. We have assigned parking for employees who carpool.